



Hosted by: Bangalore Ophthalmic Society

 **20TH & 21ST JULY**

Venue: St. John's Auditorium

**Scientific
Schedule**



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20th & 21st July

Venue: St. John's Auditorium
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Greetings from the Bangalore Ophthalmic Society!

We genuinely thank you for your support and active involvement in our previous educational events.

You are cordially invited to attend BOS SUMMIT 2024, our annual conference, scheduled to take place on **July 20th and July 21st, 2024, at St. John's Auditorium in Bengaluru.**

This year's conference will revolve around the theme "**Practice: Pursue, Persist, and Perfect,**" with a primary focus on practice and a special emphasis on Passion Beyond Practice.

We anticipate participation of approximately 500 delegates and faculty members from across the country for engaging discussions, exchange of viewpoints and sharing of academic knowledge. Furthermore, it will provide an excellent platform for trade exhibitors to display their products and latest advancements.

We look forward to receiving your kind support to ensure the success of this Academic Gala.

We eagerly await your attendance.

Warm regards,

ORGANISING COMMITTEE

BOS SUMMIT





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Dr. Jyoti Shetty
Imm. Past President



Dr. Srihargava Natesh
Vice President



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Dr Venkatasubramaniam G



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Dr Rajesh Parekh



Dr Chinmayee J T



Dr Nivedhitha Nikhil



Dr Keerthana Mogarala

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Dr Linette Antony

WET LAB COMMITTEE



Dr Karthik R Meda



Dr Priyank Solanki



Dr Vaishnavi Rao



Dr Ksheeraja



Dr Pallavi Joshi

BEYOND OPHTHALMOLOGY COMMITTEE



Dr Roshmi Gupta



Dr Rajesh Parekh



Dr Chinmayee J T



Dr Sarika Ramachandran



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Scientific Chairperson



Dr Pallavi Joshi

Cataract & Practice Management



Dr Elankumaran P



Dr Sribhargava Natesh

Retina



Dr Karthik R Meda



Dr Rajesh R

Paediatric and Strabismus



Dr Vidhya



Dr Niveditha N

UVEA



Dr Ankush



Dr Nidhi

Orbit and Oculoplasty



Dr Roshmi Gupta

Refractive Surgery



Dr Gairik Kundu



Dr Supriya Samak Sriganesh

Cornea and Ocular Surface



Dr Thanuja Gopal Pradeep



Dr Vineeta Pai Hegde



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Glaucoma



Dr Anuradha A



Dr Priyanka



Dr Samhita



Dr Chinmayee J T

Ocular Emergency

Neuro Ophthalmology

Passion Beyond Practice Sessions



Dr Roshmi Gupta



Dr Rajesh Parekh



Dr Sarika Ramachandran



Dr Chinmayee J T

Ophthalmic Wet Lab



Dr Karthik Meda



Dr Priyank Solanki

BOS Patshaala



Dr Shubashree Karat



Dr Sirisha Vinzhamuri



Dr Thanuja Gopal Pradeep



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National Faculty



Dr. Anjana Somanath
 AEH, Madurai



Dr. Chitra Ramamurthy
 The Eye Foundation
 Coimbatore



Dr. Elizabeth Joseph
 Little Flower
 Hospital & Research Centre



Dr. Jagat Ram
 Chandigarh



Dr. Jagdeep Kakadia
 Akshardeep Eye Hospital



Dr. Lalit Verma
 AIIMS, Delhi



Dr. Pravin Vaddavalli
 LVPEI, Hyderabad



Dr. Ramamurthy
 The Eye Foundation Coimbatore



Dr. Raghunandan Nadig
 Neurologist
 St. Johns Medical College



Dr. Rajesh Sinha
 AIIMS, Delhi



Dr. Rashmi Krishnamurthy
 LVPEI, Hyderabad



Dr. Samar Basak
 Disha Hospitals, Kolkata



Dr. Santosh Honavar
 CFS, Hyderabad



Dr. V R Saravanan
 AEH, Coimbatore



Dr. Savari Desai
 Hinduja Hospital, Mumbai



Dr. Sony George
 Vasan ASG Eye Care Hospital
 Kerala



Dr. Sudha P
 Aravind Eye Hospital



Dr. Vikramraj K Jain
 Immunologist
 Bhagwan Mahaveer Jain Hospital



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Invited Faculty & BOS Speakers

Dr Abhijeet Jha	Dr Fairouz P Manjandavida	Dr Mahesh Bhat
Dr Anand Doraiswamy	Dr G V Diwakar	Dr Mahesh P Shanmugam
Dr Ankita Sanjay	Dr Gagan Dudeja	Dr Maithiri
Dr Ajay Krishnamurthy	Dr Gairik Kundu	Dr Mamata B
Dr Ajinkya Deshmukh	Dr Gowri J Murthy	Dr Manjoo Reddy
Dr Anand Balasubramaniam	Dr Gowthami Y V	Dr Manju
Dr Aniruddha Tirumalai	Dr Guruprasad Ayachit	Dr Manjunath Marasandra
Dr Anisha	Dr H Mohan Kumar	Dr Manoj Kumar
Dr Anjana Somanath	Dr Haripriya	Dr Meena Menon
Dr Ankush	Dr Harsha	Dr Meghana Hiremath
Dr Annirudh Gupta	Dr Hima Bhatt	Dr Meghana Reddy
Dr Anulekha K	Dr Jacob Chacko	Dr Meghna Kotre
Dr Anuradha	Dr Jagat Ram	Dr Mg Ramamurthy
Dr Aparnaa	Dr Jagdeep M Kakadia	Dr Mohd Suhail
Dr Arun Adkoli	Dr Jayaram Deepak	Dr Monika Kapoor
Dr Arun Bhatt	Dr Jeeva Mitra	Dr Moupia Mukhopadhyay
Dr Arun Samprathi	Dr Jyoti Shetty	Dr Mustali Wagh
Dr Asha Ms	Dr K S Kumar	Dr N Veerabhadra Rao
Dr Ashwini Shenoy	Dr Kailash Chabria	Dr Nagaspandana kottapalli
Dr Athmeeya G A	Dr Kalpana	Dr Namita C Anago
Dr Ayushi K	Dr Karan Annapur Kumaraswamy	Dr Namita Saka
Dr Babitha J	Dr Karthik R Meda	Dr Namitha Dave
Dr Bhavya Reddy	Dr Karthiyayini S. Venkatesh	Dr Nanda L
Dr Chetan Anand	Dr Kartik R Meda	Dr Nandini
Dr Chethan Murthy	Dr Kavitha V	Dr Naren Shetty
Dr Chinmayee J T	Dr Keerthana Mogarala	Dr Naresh Kumar Yadav
Dr Chitra Aroor	Dr Kiran	Dr Narpat Solanki
Dr Chitra Ramamurthy	Dr Kiran Kumar L	Dr Naveen Gopal
Dr D Ramamurthy	Dr Kn Srinivas	Dr Neeraja N Varma
Dr Datta	Dr Krishnaprasad Kudlu	Dr Nidhi
Dr Deena	Dr Kshreeraja	Dr Nishat Sultana Khayoo
Dr Deepthi Meda	Dr Lakshmi	Dr Niveditha Nikhil
Dr Devaprasad Gopal	Dr Lakshmi Mahesh	Dr Padmamalini
Dr Devender Venkataramani	Dr Lalit Verma	Dr Pallavi Joshi
Dr Dhananjay Prajapati	Dr Lalitha KJ	Dr Payal Shah
Dr Dhwni Shah Anand	Dr Lalitha Shenoy	Dr Pinto Kiran
Dr Dimple Shaji	Dr Leslie Ravikumar	Dr Pooja Sasikumar
Dr Divya Sundaresh	Dr Linette	Dr Pradeep
Dr Divyansh Mishra	Dr M S Prashanth	Dr Prajna Ghosh
Dr Diwakar G V	Dr M.S Ravindra	Dr Prajna ghosh
Dr Drishya Sudev	Dr Madhav Honnati	Dr Prakrutha
Dr Elan Kumar Pasupathi	Dr Madhusmitha Das	Dr Prathibha Panmand
Dr Elizabeth Joseph	Dr Mahableshwar	Dr Prathibha S



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Dr Praveen Murthy	Dr Santosh Gopi Krishna G	Dr Sriram Ramlingam
Dr Pravin Vadavalli	Dr Santosh Honavar	Dr Srividya Balakrishnan
Dr Preethi Sreedharan	Dr Saptagirish Rambhatla	Dr Srushti K S
Dr Priyank Solanki	Dr Sarika Ramachandran	Dr Srushti K S
Dr Priyanka	Dr Sathyalakshmi M H	Dr Subramanya
Dr Priyanka Ramesh	Dr Savari Desai	Dr Sudha Manjunath,
Dr Rachel Joseph	Dr Savio Pereira	Dr Sudha P L
Dr Radhika Torgal	Dr Savitha Arun	Dr Sujani Shroff
Dr Raghunandan Nadig	Dr Shailesh	Dr Sundaram Shetty
Dr Rajasekhar YI	Dr Shailesh Gm	Dr Suneetha Nithyananadhan
Dr Rajesh Parekh	Dr Shailja.S	Dr Supriya J
Dr Rajesh Ramanjulu	Dr Sharon D'Souza	Dr Supriya Sriganesh
Dr Rajesh Sinha	Dr Sheetal Ballal	Dr Swati Bansal
Dr Rajeshwari Chitti	Dr Sherina	Dr Swetha Mallagunda
Dr Raju Sampangi	Dr Shilpa Das	Dr Tanuja Gopal Pradeep
Dr Raksha	Dr Shilpa N	Dr Thimappa Hegde
Dr Ramachandra Himateja	Dr Shilpa Yd	Dr Tintu Balan
Dr Ramadevi	Dr Shily Dev	Dr V R Saravanan
Dr Ramesh Venkatesh	Dr Shivani Gupta	Dr V. S. Reddy
Dr Ranjitha C.S	Dr Shoruba Dinakaran	Dr Vaishnavi Rao
Dr Rashmi Krishnamoorthy	Dr Shraddha	Dr Venkataramana
Dr Rashmi R	Dr Shreya Mundada	Dr Venkatasubramaniam
Dr Raveena J	Dr Shubashree	Dr Venkatesh Konkall
Dr Ravi	Dr Shubashree Karat	Dr Vidhya C
Dr Ravi Bypareddy	Dr Shweta Hr	Dr Vidhya Shankar
Dr Ravi Krishna Kanaradi	Dr Shwetha	Dr Vidhyadevi M
Dr Ravindra Bhattu	Dr Shwetha Ba	Dr Vidhyani R
Dr Reetha Bt	Dr Shwetha Kumari	Dr Vijay Kumar
Dr Reji Thomas	Dr Shwetha Nc	Dr Vikram Jain
Dr Rekha G	Dr Shylaja	Dr Vinay Kumar
Dr Riya Ann	Dr Simran	Dr Vineeta Pai
Dr Rohita Nayak	Dr Sirish Nelivigi	Dr Vinutha
Dr Roopashree Matada	Dr Sirisha Vinzhmuri	Dr Vipul Bhandari
Dr Roshmi Gupta	Dr Smitha Ks	Dr Vishma Prabhu
Dr Sachin Vasand Mahuli	Dr Sneha G v	Dr Vittal Nayak
Dr Sadhwini M H	Dr Sonali Rao	Dr Vivek M. Bhaskar
Dr Sahana	Dr Sony George	Dr Vybhavi Rao
Dr Sai Dheera M	Dr Sowmya Krishna	Dr Yamini Priya
Dr Samar Basak	Dr Sowmya Ramani	Dr. Dhathri
Dr Samhitha H R	Dr Sri Ganesh	Mr Neil Parekh
Dr Sandhya R	Dr Sribhargava Natesh	Mr Nitish Srivastava
Dr Sangeeta Jain	Dr Srikanth Y N	Mr Shailesh Mehta
Dr Sanghamitra Burman	Dr Srinand Srinivas	Ms Savitha Arun



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Bangalore Ophthalmic Society invites you to
Inauguration of

BOSSUMMIT 2024

Sunday 21st July, Hall A, 11:30 am to 1:00 pm

BOS Gold Medal Oration



Dr Lalit Verma
Ex President, AIOS

Chief Guest



Mr Harishekaran
ADGP Crime





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LEGEND

20-Jul-24				
TIME	HALL A (AUDITORIUM)	HALL B (FIRST FLOOR OF AUDITORIUM)	HALL C (FIRST FLOOR OF AUDITORIUM)	HALL D (ANNEXE 3 FIRST FLOOR)
8.30AM - 9.30AM			DECODING DIAGNOSTICS BOS PATHSHALA	
9.30AM - 11.00AM	CATARACT 1 PERSISTING BEYOND CHALLENGES	CORNEA 1 THE GOOD THE BAD AND THE UGLY IN CORNEAL DISEASES	NEURO-OPHTHALMOLOGY SESSION PERSISTING BEYOND BLOCKED PATHWAYS	FREE PAPER 1
11.00AM - 12.30PM	PEDIATRIC OPHTHALMOLOGY 1 WHAT TO DO AND WHAT NOT IN PEDIATRIC OPHTHALMOLOGY	REFRACTIVE SURGERY 1 PURSUIT TOWARDS PERFECTION	RETINA SESSION 1 SURGICAL DELIGHT THROUGH THE LENSES	FREE PAPER 2
12.30PM - 2.00PM	PRACTICE BUILDING SESSION 1 FIRST THINGS FIRST	ORBIT AND OCULOPLASTY PERSIST BEYOND BREAKS AND BLOCKS	GLAUCOMA 1 PERSISTING BEYOND PRESSURES	PASSION BEYOND PRACTICE - 1 ERGONOMICS FOR DOCTORS
LUNCH BREAK				
2.00PM - 2.30PM				
2.30PM - 4.00PM	MAHA DANGAL-THE BOS DEBATE	INNOVATIONS IN PRACTICE /DIY	UVEA SESSION PERSISTING BEYOND CELLS AND FLARE	QUIZ (TRIATHLON)
4.00PM - 5.30PM	PERSISTING BEYOND TUNNEL SICS SESSION	VIDEO SESSIONS	PRACTICE SESSION 2 -QUALITY THINGS THAT MATTER	INSTA BOSS (TRIATHLON)
5:30PM - 6:30PM	TALENT SHOW (TRIATHLON)			
21-Jul-24				
TIME	HALL A (GROUND FLOOR OF AUDITORIUM)	HALL B (FIRST FLOOR OF AUDITORIUM)	HALL C (FIRST FLOOR OF AUDITORIUM)	HALL D (ANNEXE 3 FIRST FLOOR)
8.30AM - 10.00AM	PURSuing ART OF LEARNING OPHTHALMOLOGY (PG SESSION) "CHALK AND CHISEL"	REFRACTIVE SURGERY SESSION 2 PURSUING ELEGANCE IN REFRACTIVE SURGERIES	RETINA SESSION 2 EXPLORE THE WORLD BEHIND THE LENS FOR PRACTITIONERS	PASSION BEYOND PRACTICE 2 MIND MATTERS
10.00AM - 11.30AM	CATARACT SESSION 2 SEEING THROUGH DIFFERENT IOLS	OCULAR EMERGENCY ASSESS, ALLOCATE AND ACT	CORNEA SESSION 2 MATRIX OF LAYERS CONQUERED	PASSION BEYOND PRACTICE -3 FITNESS AND GARDENING
INAUGURATION CEREMONY				
BOS Gold Medal Oration -Dr Lalit Verma				
Chief Guest Address - Mr Harishekanan(ADGP)				
LUNCH BREAK				
1.30PM - 2.00PM				
2.00PM - 3.30PM	NOVARTIS SESSION	GLAUCOMA SESSION 2 PERFECTING THE ART OF ALTERNATE PATHS	SQUINT AND STRABISMUS SESSION REALIGN & REFOCUS	POSTER PODIUM PRESENTATION
3.30PM - 5.00PM		PRACTICE SESSION 3 - FINANCE PURSUE FINANCIAL INDEPENDENCE	FREE PAPER 3	



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DATE: 20-07-2024, DAY - 1, HALL - A

CATARACT SURGERY- 1 PERSISTING BEYOND CHALLENGES 09:30am - 11:00am			Chair Person : Dr Anand Doraiswamy Co chair : Dr MG Ramamurthy Moderator : Dr Anand Doraiswamy	
Topic	Faculty	Time Allotted (In Min)		
Preferred practice pattern in Managing a PC rent during Phacoemulsification	Dr Anand Doraiswamy	8		
IOL options in compromised capsule Video based	Dr Ravi Krishna Kanaradi	8		
Postop refractive surprises - WHAT are the options? WHEN do i intervene? HOW do i do it? Video based.	Dr Savio Pereira	8		
Optimising Refractive Outcomes in cataract surgery - Choosing the right Metrics, Methods & Formulae	Dr Sheetal Ballal	8		
Art of Phacoemulsification in small pupil	Dr Rohita Nayak	8		
How to tackle a Hard Cataract	Dr Naveen Gopal	8		
PreChop Technique in soft cataracts	Dr Manjunath Marasandra	8		
Get Monofocal Patients too closer to life	Dr Priyank Solanki	8		
Life begins at 33 CM, Is your PCIOI Ready?	Dr Ravi Krishna	8		
My experience with AuroLab vivid CFV IOL	Dr Sriram Ramlingam	8		
PEDIATRIC OPHTHALMOLOGY 1 What to and What not to do in pediatric ophthalmology 11:00am - 12.30pm			Chair Person : Dr Jagat Ram Co Chair : Dr Santhangopal Moderator : Dr Niveditha Nikhil Panelists : Dr Kavitha, Dr Shailesh	
KEYNOTE TALK: STATE OF ART OF PEDIATRIC CATARACT SURGERY	Dr Jagat Ram	10		
Spectacle prescription in children- Not a child's play	Dr Ajinkya Deshmukh	5		
Low-dose Atropine for progressive myopia- No one size fits for all	Dr Vidhya.C	5		
Amblyopia management in adolescents- Its not too late	Dr Sonali Rao	5		
Conservative Mgt strategies of IXT before surgery - The Proper way of doing	Dr Sowmya Ramani	5		
Supporting a child with CVI - The Right approach	Dr Niveditha Nikhil	5		
Accomodative esotropia-Not always about surgery	Dr Subramanya	5		
Optimal Management Strategies for CNLDO in children	Dr Pinto Kiran	5		
PRACTICE BUILDING- SESSION 1 First Things First 12:30pm - 02:00pm			Chair Person : Dr G V Diwakar Co Chair : Dr Y L Rajshekar Moderator : Dr Elan Kumar Panelists : Dr Sony George	
Counselling before Ophthalmic procedures	Dr Karthiyayini S. Venkatesh	12		
Happy Staff Zero Attrition - Leadership via work delegation	Dr Narpat Solanki	12		
Costing of a procedure - How to decide your cost scientifically?	Dr Rajasekhar YL	12		
Important changes related to medical professionals in BNS	Dr Diwakar GV	12		
White Paper on Consent	Dr Reji Thomas	12		
Customising practice to suit the setup-Pearls	Dr Sony George	12		
PANEL DISCUSSION		10		



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MAHA DANGAL- THE BOS DEBATE 2.30pm - 4.00pm		Jury : Dr Mahableshwar, Dr Madhav Honnati Moderator : Dr Tanuja GP Panelists : Dr Gowri Murthy, Dr Rajesh, Dr Savari Desai, Dr Rekha G	
Topic	Faculty	Time Allotted (In Min)	
Combined Vs Cataract Sx in Stable Glaucoma	Dr Meghana Hiremath	4	
	Dr Ashwini Shenoy	4	
PDR- Do I inject or Not? (Debating Protocol S)	Dr Jacob Chacko	4	
	Dr Sachin Vasand Mahuli	4	
Triple procedure v/s staged Sx in Fuchs endothelial dystrophy with cataract	Dr Nagesh	4	
	Dr Harsha	4	
Role of steroids in epidemic retinitis	Dr Pratibha	4	
	Dr Ankush	4	
Delayed Vs Early Surgery For Congenital Ptosis	Dr Swati Bansal	4	
	Dr Roshmi Gupta	4	
The Battle of Blurry Control of Myopia Progression	Dr Prathibha Panmand	4	
Optical v/s Pharmacological	Dr Sahana	4	
SICS SESSION PERSISTING BEYOND TUNNEL 04:00pm - 05:30pm		Chair Person : Dr M S Ravindra Co Chair : Dr Sundaram Shetty Moderator : Dr Devprasad Gopal Panelists : Dr Shilpa Y D, Dr Vittal Nayak, Dr H Mohan Kumar, Dr Shily Dev	
Scleral Tunneling in MSICS. Do's and Dont's	Dr Sundram Shetty	6	
Upscaling topical Phaco Section	Dr M S Ravindra	6	
Multifocality with SICS	Dr Devaprasad Gopal	6	
Nucleus management of different grades of cataract in MSICS	Dr SathyaLakshmi M H	6	
Cortical wash in MSICS- Techniques, Do's and Dont's	Dr Bhavya Reddy	6	
MSICS in Hypermature Cataracts	Dr H Mohan Kumar	6	
MSICS in Small Pupil	Dr Kiran Kumar L	6	
Managing Intraocular complications during MSICS	Dr Vidhyani R	6	
MSICS in Lens induced glaucoma	Dr Vittal Nayak	6	

TALENT SHOW (TRIATHLON) 5:30pm - 6:30pm



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DATE: 20-07-2024, DAY - 1, HALL-B

CORNEA 1 THE GOOD THE BAD AND THE UGLY IN CORNEAL DISEASES 09:30am - 11:00am		Chairperson : Dr Rekha Gyanchand Co Chairperson : Dr Sanghamitra Moderator : Dr Vineeta Pai/ Dr Dhwni Shah Anand Panelist : Dr Madhusmita Das, Dr Shylaja S	
Topic	Faculty	Time Allotted (In Min)	
KEYNOTE TALK: PURSUING EXCELLENCE-EYEBANKING IN KARNATAKA	Dr Rekha Gyanchand	10	
<i>Pursuing Modern Trends in Dry Eye</i>	Dr Shylaja S	8	
Pursuing stubborn fungal keratitis	Dr Shilpa Das	6	
Pursuing Perfection - Cataract surgery in Corneal conditions	Dr Madhusmita Das	6	
Approach & management of PUK	Dr Sanghamitra Burman	6	
Perfecting Outcomes - Case Discussion		4	
Perfecting management in post-SMILE Keratitis - Post-Op Day 1 complications		4	
Persisting Allergic Imposition - Severe Limbal stem cell deficiency in VKC		4	
Persisting through Red Eye woes - Microsporidial Keratoconjunctivitis		4	
Persistent Pediatric Keratoconus - tackling a big challenge		4	
Persistent Ectasia - A case of acute Corneal Hydrops		4	
Perfecting management - Lash mites - Demodex blepharitis		4	
REFRACTIVE SURGERY SESSION 1 PURSUIT TOWARDS PERFECTION 11:00am - 12:30pm		Chairperson : Dr Sri Ganesh Co Chairperson : Dr Elankumaran P Moderator : Dr Gairik	
Infection & Inflammation after refractive surgery	Dr Vipul Bhandari	6	
Decision Making & preop pearls	Dr Kiran	6	
Managing complex scenarios in lasik	Dr Elankumaran P	6	
How to manage complications of SMILE	Dr Supriya Sriganesh	6	
Options for refractive correcton in keratoconus	Dr Deepthi Meda	6	
Managing Refractive surprises after refractive surgery	Dr Savio Pereira	6	
My 6/6 but unhappy patient	Dr Gairik	6	
Hyperopia management - whats the future ?	Dr Sri Ganesh	6	
Modern Day presbyopia management	Audience discussion		



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ORBIT AND OCULOPLASTY		
PERSIST BEYOND BREAKS AND BLOCKS		
12:30pm - 02:00pm		
Topic	Faculty	Time Allotted (In Min)
KEYNOTE TALK: REPAIR, RECONSTRUCT AND RESTORE THE 3RS OF ORIBAL FRACTURES	Dr Savari Desai	12
The Perfect look-Periocular Non Surgical Rejuvenation	Dr Moupia Mukhopadhyay	6
Pursuing Safe Orbital Surgery	Dr Saptagirish Rambhatla	6
Practicing The Patent DCR	Dr Divya Sundaresh	6
The Perfect Rehabilitation Of The Anophthalmic Socket	Dr Smitha KS	6
Thyroid Eye Disease- The Changing Practice	Dr Yamini Priya	6
Persist In Doing The Best Eyelid Reconstruction	Dr Ajay Krishnamurthy	6
In Pursuit Of Tumor Free Survival	Dr Fairouz P Manjandavida	6
Persist And Learn The Art Of Ptosis Correction	Dr Lakshmi Mahesh	6
INNOVATIONS IN PRACTICE/DIY		
02:30pm - 04:00pm		
Chairperson: Dr Jagdeep M Kakadia		
Moderator: Dr Venkatesh Konkal		
KEYNOTE TALK: INCULCATING INNOVATIONS IN PRACTICE	Dr Jagdeep M Kakadia	15
Tweaks and Hacks of equipments	Dr Venkatesh Konkal	5
Infrared imaging on Auto Refractorometry in ophthalmic diagnosis	Dr Satish Shet	5
3D printed prism holder for perkins tonometer	Dr Srinivas H V	5
Use of Fluoro Quinolone eye drops in ocular diagnosis	Dr Satish Shet	5
GOLF-GoPro Operations Live on Facebook	Dr Sudha P L	10
Ocular surface findings and correlation of innovative tear biomarkers in dry eye disease secondary to systemic auto immune disorders	Dr Chethan Murthy	5
Indigenous DIY Hands Free Smartphone Mobile Indirect Ophthalmoscope "HF-SMIO"	Dr Meru Augustine	5
VIDEO SESSIONS		
04:00pm - 05:00pm		
Chairperson: Dr V. S. Reddy		
Tackling cataract surgery in Anterior Lenticonus	Dr K N Srinivas	4
When going gets tough: Tenons patch graft	Dr Satish Shet	4
Omniflo supra - Let me flow - a new gen GDD in management of intractable glaucoma	Dr Satish Shet	4
Facing the Monster: Cluster Endophthalmitis	Dr Simran	4
Challenging Cases		4



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DATE: 20-07-2024, DAY - 1, HALL - C

DECODING DIAGNOSTICS BOS PATHSHALA 08.30am - 09.30am		Chairperson: Dr Ravi Byreddy Co Chairperson: Dr Payal Shah Moderator: Dr Sirisha
Topic	Faculty	Time Allotted (In Min)
Pentacam in ectatic disorders	Dr Shubashree Karat	6
Specular microscopy and the red flags	Dr Nagesh	6
B- scan	Dr Payal Shah	6
Hess chart and Diplopia charting	Dr Shweta HR	6
OCT in Diabetic macula edema	Dr Ravi Byreddy	6
Perimetry Interpretations	Dr Priyanka	6
Lasers in ophthalmology	Dr Sirisha	6
NEURO – OPHTHALMOLOGY SESSION PERSISTING BEYOND BLOCKED PATHWAYS 09.30am - 11:00am	Chairperson: Dr Ravindra Bhattu Moderator - Prof Dr Chinmayee J T Panelists: Dr Chinmayee J T, Dr Savitha Arun, Dr Raghunandan Nadig, Dr Vijay Kumar Convener: Dr Priyanka Ramesh	
KEYNOTE TALK: OPTIC NEURITIS PERSPECTIVE FROM A NEUROLOGIST	Dr Raghunandan Nadig	15
Differentiating neurological optic disc from glaucoma	Dr Priyanka Ramesh	8
Idiopathic Intracranial Hypertension	Dr Ravindra Bhattu	8
Central eye movement disorders	Dr Chinmayee J T	8
Critical flicker fusion frequency	Dr Rajesh Parekh	8
Neuro imaging	Dr Vijay Kumar	8
Patient with droopy eyelid - Myasthenia gravis	Dr Kailash Chabria	8
Patient with sudden visual loss- Ischemic optic neuropathy	Dr Shwetha BA	8
Patient with double vision – 6th CN Palsy	Dr Lalitha Shenoy	8
Patient with field loss – hemianopia (pituitary tumor)	Dr Shylaja	8
RETINA SESSION 1 SURGICAL DELIGHT THROUGH THE LENSES 11:00am - 12:30pm	Chairperson: Dr V R Saravanan Co-Chairperson: Dr N Veerabhadr Rao Moderator: Dr Sribhargava Natesh Panelists: Dr Rajesh Ramanjulu, Dr Karan, Dr Priyanka Singh	
KEYNOTE TALK: MANAGING A DIABETIC TRD / CRD	Dr V R Saravanan	8
How do I manage a nucleus drop?	Dr Venkat Subramanyam	6
Surgery for Macular hole	Dr Guruprasad A S	6
Surgery for ERM	Dr Naresh Kumar Yadav	6
Art of buckling an RD	Dr Mahesh P Shanmugam	6
Vitreotomy for RRD	Dr Aniruddha A Tirumalai	6
Vabysmo as First-Line treatment: Optimizing Outcomes in nAMD and DME	Dr Ramesh Venkatesh	10
Surgical Case presentation and Discussion	Dr Rajesh Ramanjulu	6



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DATE: 20-07-2024, DAY - 1, HALL - C

<p>GLAUCOMA SESSION 1 PERSISTING BEYOND PRESSURES 12.30pm - 2.00pm</p>			<p>Chairperson: Dr Gowri J Murthy Co-Chairperson: Dr Meena Menon Moderator : Dr Shilpa N Panelists: Dr Nishat Sultana Khayoo Dr Sathyalakshmi M H</p>	
Topic	Faculty	Time Allotted (In Min)		
Medical Management Of Glaucoma	Dr Meena Menon	6		
Structure and Function Discord	Dr Shoruba Dinakaran	6		
Perils of Low IOP	Dr Sowmya Krishna	6		
Management pearls of Secondary Glaucoma	Dr Shilpa N	6		
Beating the Storm In NVG	Dr Asha MS	6		
Steroid and Raised IOP: Breaching the Vicious Cycle	Dr Rachel Joseph	6		
Management of Traumatic Glaucoma	Dr Sujani Shroff	6		
Patient Counselling in Glaucoma	Dr Anuradha	6		
<p>UVEA PERSISTING BEYOND CELLS & FLARE 02:30pm - 4:00pm</p>			<p>Chairperson : Dr Padmamalini Co-chairperson: Dr Vikram Jain Moderator: Dr Ankush Panelists: Dr Namitha Dave, Dr Kalpana</p>	
KEYNOTE TALK: U-TURN IN UVEITIS	Dr Anjana	10		
Standardized Uveitis Nomenclature II – What has changed?	Dr Namita Anagol	5		
When and how should I refer to a uveitis specialist?	Dr Manjula	5		
Imaging biomarkers in uveitis	Dr Padmamalini	5		
Systemic clues not to miss in uveitis	Dr Vikramraj Jain	5		
Before you start steroids in uveitis	Dr Vinay Kumar	5		
When do uveitis specialists consider immunosuppressive therapy?	Dr Nidhi Tiwari	5		
When to consider surgical intervention in uveitis	Dr Naveen Kumar Naik	5		
Case Studies and Clinical Challenges in Uveitis- My 3 cases	Dr Namita Dave	5		
<p>PRACTICE SESSION 2 QUALITY THINGS THAT MATTER 04:00pm - 05:30pm</p>			<p>Chairperson: Dr Savitha Arun Moderator: Dr Gagan Dudeja</p>	
Microbiology surveillance of OT and approach in diagnosis of Endophthalmitis.	Dr Venkataramana	12		
Cleaning of the OT - Video based	Dr Meena Menon	12		
Ideal OT lay out	Dr Gagan Dudeja	12		
Know your autoclave , Validation, commissioning of autoclave	Mr Shailesh Mehta	12		
Record keeping in the CSSD and OT - WWH	Dr Savitha Arun	12		
Emergency care in OT - WWH	Dr Haripriya, Jeeva Mitra	12		
Discussion		12		



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DATE: 20-07-2024, DAY - 1, HALL-D

FREE PAPER 1

TIME	TOPIC	JUDGES
09:30 - 11:00 am	CORNEA & REFRACTIVE	Dr Nanda L Dr Sherina Dr Manjoo
	RETINA	

Free Paper 2

TIME	TOPIC	JUDGES
11.00 - 12:30 pm	CATARACT	Dr Prathibha S Dr Shweta Dr Ramadevi
	ORBIT	

**PASSION BEYOND PRACTICE 1
ERGONOMICS FOR DOCTORS**

12:30 - 1:15pm		Session incharge Dr Chinmayee J T	
	Spinal health and Ergonomics for Surgeons	Dr Shrinand	25 Min
2:30 - 4:00 pm	QUIZ (TRIATHLON)	Quiz Master - Dr Vivek M Bhaskar & Team	
4:00 - 5:30pm	INSTA BOSS (TRIATHLON)		



21-07-2024, DAY-2, HALL - A

**PURSuing ART OF LEARNING
OPHTHALMOLOGY (PG SESSION)**

Chalk & Chisel
08.30am - 10.00am

Chairperson : Dr Ramadevi
Co-Chairperson : Dr Manjoo Reddy
Moderator : Dr Shubashree Karat

Topic	Faculty	Time Allotted (In Min)
Evaluate a case of Squint	Dr Elizabeth	10
Abnormal pupils : the big, small and everything in between.	Dr Linette	6
Keratoconus	Dr Soumya	6
Proliferative diabetic retinopathy	Dr Arun Bhatt	6
Proptosis	Dr Pinto Kiran	6
Enigma of the edematous disc: Differential diagnosis of disc edema	Dr Ksheeraja	6
Ptosis	Dr Venkatesh K	6
Examination of a case of Glaucoma	Dr Raksha	6

**CATARACT 2
SEEING THROUGH DIFFERENT IOLS**
10:00am - 11:30am

Chairperson : Dr Chitra Ramamurthy
Co- Chairperson : Dr Krishna Prasad Kudlu
Moderator : Dr Elankumaran P

Cataract workflow -Efficiency without compromise.	Dr Krishna Prasad Kudlu	10
Management of cataract with zonular deficiency	Dr Rajesh Sinha	10
Trifocal- Avoiding pitfalls & Fire fighting	Dr Elankumaran P	10
Suprathob Toric IOL	Dr Elankumaran P	8
Femto Assisted cataract surgery today's status - evidence based	Dr Naren Shetty	10
Mix & Match of Premium IOLs	Dr Chitra Ramamurthy	10
Making amends for past sins	Dr D Ramamurthy	10
Synchronising clinical & realworld outcome with Rayner EMV Torics	Dr Krishna Prasad Kudlu	8
When Expectations and Outcomes Align with Rayner Trifocals	Dr Savio Pereira	8

NOVARTIS SESSION
2:00pm - 3:30pm

Chairperson and Moderator:
Dr Sribhargava Natesh

Case based discussion on managing AMD & PCV with Brolucizumab	Dr Devender Venkataramani	15
A new game changer in DME armamentarium	Dr Sangeeta Jain	15
Accentrix: The logical biologic	Dr Pratibha Hande	10
Discussion Q&A		20



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DATE : 21-07-2024, DAY - 2, HALL - B

DATE : 21-07-2024, DAY - 2, HALL - B		
REFRACTIVE SURGERY SESSION 2 PURSUING ELEGANCE IN REFRACTIVE SURGERIES 08.30am - 09.30am		Chairperson : Dr D Ramamurthy Moderator : Dr Supriya Sri Ganesh Panelists : Dr Chetan Anand, Dr Mustali Vagh, Dr Sudha Manjunath, Dr M S Prashanth
Topic	Faculty	Time Allotted (In Min)
KEYNOTE TALK: LASIK & SMILE- A BLISSFUL CO-EXISTENCE?	Dr D Ramamurthy	10
KEYNOTE TALK: SURFACE ABLATION: THE COMEBACK	Dr Pravin Vadavalli	10
Key Pearls for Toric IOL Outcomes	Dr Chitra Ramamurthy	10
Ocular surface & adnexa	Dr Gairik Kundu	10
Presbyopia Management	Dr Sri Ganesh	10
Keratoconus	Dr M.S Ravindra	10
Complication management / Rescue cases	Dr Krishna Prasad Kudlu	10
Mystery of uneventful SMILE	Dr Sadhwini M H	10
Case : Devil is in details	Dr Anisha	10
OCULAR EMERGENCY ASSESS, ALLOCATE AND ACT 10:00am - 11:30am		Chairperson : Dr Kavita Panelists : Dr Santosh Honavar, Dr Reetha Moderator : Dr Samhitha
KEYNOTE TALK: ORBITAL CELLULITIS	Dr Santosh Honavar	15
Acute SJS	Dr Tanuja Gopal Pradeep	6
Acute Angle Closure Glaucoma	Dr Reetha BT	6
Challenges in managing corneal Tears	Dr Ranjitha	6
Pediatric Traumatic Cataract	Dr Kavita	6
CRAO	Dr Kartik R Meda	6
Post op endophthalmitis	Dr Preethi Sreedharan	6
Traumatic optic neuropathy	Dr Samhitha H R	6
Inflammations post intravitreal	Dr Priyanka Singh	6



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GLAUCOMA SESSION 2		Chairperson : Dr Sriram Ramalingam Panelists : Dr Rashmi Krishnamoorthy Dr Sandhya, Dr Vidhyadevi Moderator : Dr Shailesh GM	
PERFECTING THE ART OF ALTERNATE PATHS			
02:00pm - 03:30 pm			
Topic	Faculty	Time Allotted (In Min)	
KEYNOTE TALK: MIGS: CHALLENGES AND BEYOND			
5 key points in surgical management of glaucoma	Dr Rashmi Krishnamoorthy	10	
The art of bleb making	Dr Gowri J Murthy	6	
The art of bleb needling	Dr Sirish Nelivigi	6	
The drainage-device armamentarium	Dr Sandhya Rajendra Prasad	6	
The drainage-device armamentarium	Dr Lalitha KJ	6	
Tube troubles : Pearls of wisdom	Dr Sriram Ramalingam	6	
Lasers in glaucoma	Dr Vidhyadevi M	6	
PRACTICE SESSION 3		Moderator : Dr Sribhargava Natesh	
PURSUE FINANCIAL INDEPENDENCE			
03:30pm - 05:00pm			
Baby steps into stock market- Investment vrs Trading	Dr Arun Adkoli		
Asset allocation			
Equity investing	Dr Mahesh Bhat		
Mutual funds and other tools of investment	Dr Arun Samprathi		
How to open a trading account and start investing	Dr Gagan Dudeja		



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DATE : 21-07-2024, DAY - 2, HALL - C

RETINA SESSION 2 EXPLORE THE WORLD BEHIND THE LENS FOR PRACTITIONERS RETINAL DISORDERS AND CATARACT SURGERY 08.30am - 10.00am		
		Chairperson : Dr Lalit Verma Moderator : Dr Vivek M Bhaskar Panelists : Dr Karthik R Meda Dr Vishma Prabhu, Dr Pradeep
Topic	Faculty	Time Allotted (In Min)
KEYNOTE TALK: ENDOPTHALMITIS / HOW TO DIFFERENTIATE FROM TASS	Dr Lalit Verma	8
Posterior segment evaluation before cataract surgery	Dr K S Kumar	6
Intravitreal injections before cataract surgery- When and Which?	Dr Monika Kapoor	6
Combined cataract & vitrectomy surgery- When and how	Dr Praveen Murthy	6
Posterior segment complications of Cataract surgery (except Endoph)	Dr Ravi	6
Evaluating unexplained vision loss after cataract surgery	Dr Santosh Gopi Krishna G	6
Comparing Anti VEGF molecules for DME. Safe technique for administering an intravitreal injection	Dr Srikanth Y N	6
Targeting Ang-2 & VEGF: Biology, Pharmacokinetics and latest clinical data in nAMD & DME	Dr Divyansh Mishra	10
Durability - Q16 with Aflibercept in WAMD	Dr Sribhargava Natesh	10
CORNEA SESSION 2 MATRIX OF LAYERS CONQUERED 10.00am - 11.30 am		
		Chairperson: Dr Mustali Wagh Co-Chairperson: Dr Vidhya Shankar Moderator: Dr Thanuja G Pradeep
KEYNOTE TALK: PRECISION IN EVERY LAYER: MASTERING DSEK AND DMEK	Dr Samar Basak	15
Pterygium Perfection: Crafting Clearer Horizons	Dr Vineeta	6
Conquering OSSN: Strategies for Isolated Lesion Management	Dr Radhika	6
PTK in corneal diseases	Dr Pravin Vadavalli	10
Healing Layers- Harnessing Amniotic Membranes for ocular surface Repair	Dr Shwetha	6
Seeing Beyond: The Power of Intra-Operative OCT in Corneal Surgery	Dr Roopashree Matada	6
Beyond the Surface: Enhancing Outcomes with Therapeutic Keratoplasty in Corneal Ulcers	Dr Anand Balasubramaniam	6
Second chance Big Challenges: Navigating Rekeratoplasty (REGRAFTS)	Dr Mamata B	6
Big Bubble Perfection: Unlocking the Secrets of DALK	Dr Sharon D'Souza	6



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DATE : 21-07-2024, DAY - 2, HALL - C

SQUINT & STRABISMUS SESSION Realign and Refocus -Panel Discussion 02.00Pm - 03:30pm		Chairperson : Dr Manju Co-chairperson: Dr Elizabeth Joseph Moderator: Dr Vidhya C Convener : Dr Arun Samprati Panelist: Dr Kavita	
Topic	Faculty	Time Allotted (In Min)	
Hooking up the despondent-MED	Dr Prajna Ghosh	5	
Tackling the mischief wisely- DRS	Dr Maithiri	5	
Racking up the wanderer- Congenital third nerve palsy	Dr Sonali Rao	5	
When eyes take a sudden detour-AACE	Dr Niveditha	5	
When eye plays a peek-a-boo - Cyclic ET	Dr Ajinkya	5	
Handling the hefty- MSF	Dr Prathibha	5	
When trauma plays tricks on your nerves - Sixth nerve Palsy	Dr Vidhya C	5	

FREE PAPER 3

TIME	TOPIC	JUDGES
03.30pm - 05.00pm	GLAUCOMA	Dr Keerthana Dr Mohan Kumar Dr Vinutha
	NEURO-OPHTHALMOLOGY & TRAUMA	



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DATE : 21-07-2024, DAY - 2, HALL - D

PASSION BEYOND PRACTICE -2
MIND MATTERS
09:00am - 10:00am

Session Incharge:
Dr Sarika Ramachandran

Topic

Faculty

Vedantic Guided Meditation

Dr Thimappa Hegde

Am I Ordinary or Extraordinary?
From Creature to Creator

Talk 30 minutes
Interaction 10 minutes
Meditation 20 minutes

PASSION BEYOND PRACTICE- 3
FITNESS AND GARDENING
10.15am - 11.00am

Session Incharge
Dr Rajesh Parekh

Gamifying Your Fitness: Tech Boost your Health

Mr Neil Parekh - 30 + Interaction

Revolutionizing Home Gardening : Exploring the Benefits and
Techniques of Hydroponics

Mr Nitish Srivastava -
30 + Demonstration

POSTER PODIUM PRESENTATION
02:00pm - 03:30pm

JUDGES :
Dr Ranjitha C S
Dr Dhathri
Dr Vaishnavi Rao



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Wet lab Sessions

Date 20 and 21 July

Timing: 10.00AM 4.00 PM

Annexe 3 Ground Floor



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Session on
Passion Beyond Practice

Are You Suffering From?

**Back
 Ache**

**Shoulder
 Pain**



**Neck
 Pain**

PUT YOURSELF BACK IN SURGERY!

Spinal Health & Ergonomics for Ophthalmologists



Dr Srinand Srinivas

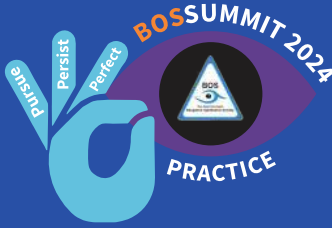
Olympic Committee Licensed -
 Sports Medicine Specialist
 International Swimmer & Medalist

HIGHLIGHTS

- ▶ DOCTOR SPECIALISED IN SPORTS MEDICINE
- ▶ INTERNATIONAL SWIMMER
- ▶ ACTIVE MARATHONER
- ▶ RHODES SCHOLARSHIP FINALIST 2011

20th JULY 2024 SATURDAY 🕒 **Hall D, 12.30 AM to 2.00 PM**

📍 **St John's Auditorium, St John's Medical College, Bangalore.**



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PEDIATRIC OPHTHALMOLOGY

WHAT TO AND WHAT NOT TO DO?

Learn from the Master
"State of the art Pediatric Cataract Surgery"

**KEYNOTE
SPEAKER**



DR. JAGAT RAM

Ex-Director
PGIMER, Chd

**In Pursuit of
Perfection-Demystifying
a child's play**



 **20th JULY 2024 SATURDAY**

Hall A, 11.00 AM to 12.30 PM

 **St. John's Auditorium, St John's Medical College, Bangalore.**



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20th & 21st July
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PERSISTING BEYOND CELLS AND FLARE

Join us for an insightful session in Uveitis covering the basics, referral guidelines, cutting edge Imaging and critical systemic clues. Gain expert perspectives on the timing of immunosuppressive therapy, steroids use and surgical interventions, rounded off with compelling case studies highlighting real world clinical challenges

Keynote Speaker



Dr Anjana Somanath
AEH, Madurai

SPEAKERS



Dr Ankush
Narayana Nethralaya



Dr Namita Dave
Narayana Nethralaya



Dr Naveen Kumar Naik
Manipal Hospitals



Dr Padmamalini Mahendradas
Narayana Nethralaya



Dr Namita C Anogol
Nethradhama



Dr Vikramraj K Jain
Immunologist
Bhagwan Mahaveer Jain Hospital



Dr Nidhi
Sankara Eye Hospital



Dr Vinay Kumar
Prabha Eye hospital

20th JULY 2024 SATURDAY **Hall C, 2.30 PM to 4.00 PM**

St John's Auditorium, St John's Medical College, Bangalore



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When the going gets tough, the tough get going!

PERSISTING BEYOND PRESSURES

*Drugs, Knowing what to expect and what to do next and the importance of
Chair time: Glaucoma management in a gist*



Dr Meena G Menon
Medical Management
of glaucoma



Dr Shoruba Dinakaran
Structure-structure and
structure-function discord:
When to start and when to
escalate treatment ?



Dr Sowmya Krishna
Perils of low IOP following
filtration surgery



Dr Shilpa N
Management pearls of
secondary glaucoma following
various ocular surgeries



Dr Asha MS
Beating the
storm in NVG



Dr Rachel Joseph
Steroids and Raised IOP:
Breaking the vicious cycle



Dr Sujani Shroff
Case-based discussion
of Traumatic glaucoma



Dr Anuradha A
Patient counselling
in glaucoma

Chairman
Dr Gowri J Murthy

Co-chair
Dr Meena Menon

Moderator
Dr Shilpa N

Panelists
Dr Nishath Sultana

Dr SatyaLakshmi

20th JULY 2024 SATURDAY

Hall B, 12.30 PM to 2.00 PM

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Persisting Through Challenges

The Good The Bad The Ugly The Corneal Ensemble

Why to Attend:

- To gain in depth knowledge about tackling common corneal problems
- Engage with experts- case based discussions
- Know the nitty-gritty of eye banking in Karnataka

Beyond Basics



Dr. Rekha Gyanchand
 Key note Talk- Eye Banking in Karnataka



Dr. Shylaja S.
 Modern Trends in
 Dry Eyes



**Dr. Sanghamitra
 Burman**
 Corneal Melts - PUK



**Dr. Madhusmita
 Das**
 Cataract in Hazy Cornea



Dr. Shilpa Das
 Stubborn Fungal
 Keratitis

Case Based Discussions

Moderator



**Dr. Vineeta Pai
 Hegde**

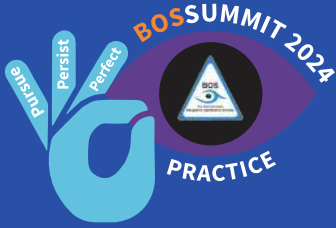


**Dr. Dhwni
 Shahanand**

20th JULY 2024 SATURDAY

Hall B, 9.30 AM to 11.00 AM

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Session on **Practising Oculoplasty**

- ❖ **Learn the 3 R of Orbital Fractures**
- ❖ **Perfect Ptosis Surgery, Aesthetic Rejuvenation, Socket Rehabilitation**
- ❖ **Practice DCR, Thyroid Eye Disease, Eyelid Reconstruction.**
- ❖ **Pursue Orbital Surgery and Tumor Free Survival**



Dr. Roshmi Gupta
 Moderator



Dr. Savari T. Desai
 National Faculty, Hinduja Hospital Mumbai



Dr. Lakshmi Mahesh



Dr. Fairouz P. Manjandavida



Dr. Smitha K S



Dr. Saptagirish



Dr. Ajay Krishnamurthy



Dr. Moupia Goswami Mukhopadhyay



Dr. Divya D Sundaresh



Dr. Yamini Priya

20th JULY 2024 SATURDAY

Hall B, 12.30 PM to 2.00 PM

St John's Auditorium, St John's Medical College, Bangalore.



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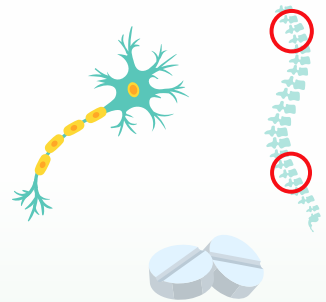
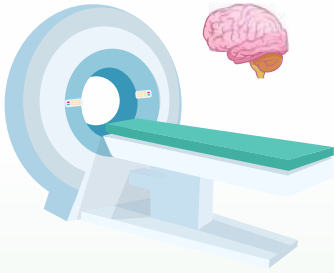
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NEURO OPHTHALMOLOGY SESSION PERSISTING BEYOND BLOCKED PATHWAYS

Keynote Address



Dr Raghunandan Nadig
Professor of Neurology
St John's Medical College



SPEAKERS, DISCUSSANTS AND PANELISTS



Dr Priyanka Ramesh



Dr Chinmayee J T



Dr Vijaykumar K R
HOD, Radiology, BMC&RI



Dr Ravindra Bhattu



Dr Rajesh Parekh



Dr Savitha Arun



Dr Kailash Chabbria



Dr Shwetha B A



Dr Shylaja N



Dr Lalitha C S

Chairperson

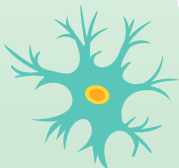
Dr Ravindra Bhattu

Moderator

Dr Chinmayee J T

Convenor

Dr Priyanka Ramesh



20th JULY 2024 SATURDAY 9.30 PM to 11.00 PM

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PERSISTING BEYOND CHALLENGES



Dr Anand Doraiswamy

Preferred Practice Pattern in
Managing a PC rent during
Phacoemulsification



Dr Ravi Krishna Kanaradi

IOL options in compromised
capsule Video based
&
Life begins at 33 CM,
Is your PCIOL Ready?



Dr Savio Pereira

Post Op refractive surprises -
WHAT are the options?
WHEN do I intervene
HOW do I do it? Video based



Dr Sheetal Ballal

Optimising Refractive
Outcomes in cataract surgery -
Choosing the right Metrics,
Methods & Formulas



Dr Rohita Nayak

Art of Phacoemulsification
in small pupil



Dr Naveen Gopal

How to tackle a
Hard Cataract



Dr Manjunath Marasandra

PreChop Technique in
soft cataracts



Dr Priyank Solanki

Get Monofocal Patients
too closer to life



Dr Sriram Ramlingam

My experience with
AuroLab vivid CFV IOL

Chairperson & Moderator

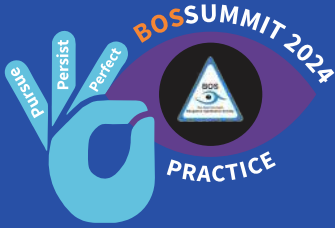
Dr Anand Doraiswamy

Co Chairperson

Dr MG Ramamurthy

20th JULY 2024 SATURDAY **Hall A, 9.30 AM to 11.00 AM**

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Pursuit Towards Perfection

Hear from the experts

- ▶ Decision making pearls in refractive surgery
- ▶ Complex cases scenarios in refractive surgery and complication management
- ▶ Management of infections post refractive surgery
- ▶ Refractive surprises
- ▶ Future of hyperopia management

MODERATORS



Dr. Supriya Sriganesh



Dr. Gairik Kundu

SPEAKERS



Dr. Sri Ganesh



Dr. Elan Kumaran



Dr. Savio Pereira



Dr. Kiran Kumar



Dr. Deepthi Meda



Dr. Vipul Bhandari

20th JULY 2024 SATURDAY **Hall B, 11.00 AM to 12.30 PM**

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WHAT TO AND WHAT NOT TO DO IN PEDIATRIC OPHTHALMOLOGY

Keynote Talk



Dr Jagat Ram

State of Art of Pediatric
 Cataract Surgery



Dr Ajinkya Deshmukh

Spectacle prescription
 in children
 Not a child's play



Dr Vidhya C

Low-dose Atropine for
 progressive myopia
 No one size fits for all



Dr Sonali Rao

Amblyopia management
 in adolescents
 Its not too late



Dr Sowmya Ramani

Conservative Management
 strategies of IXT before surgery
 The Proper way of doing

Speakers & Topics

Moderator & Speaker



Dr Nivedhitha Nikhil

Supporting a child with CVI
 The Right approach



Dr Subramanya

Accommodative esotropia
 Not always about surgery



Dr Pinto Kiran

Optimal Management
 Strategies for CNLDO
 in children

Chair Person



Dr Jagat Ram

Co Chair



Dr Santhangopal

Panelists



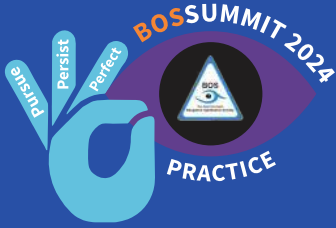
Dr Kavitha



Dr Sailesh

20th JULY 2024 SATURDAY 🕒 **Hall A, 11.00 AM to 12.30 PM**

📍 **St John's Auditorium, St John's Medical College, Bangalore.**



Hosted by:
Bangalore Ophthalmic Society
20th & 21st July
 Venue: St. John's Auditorium
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Retina Session - VAST

Why attend the Vitreo Retina Video-Assisted Skill Transfer program on the **20 July 2024** at the upcoming BOS summit?
 Elevate Your Surgical Expertise with Leading Retinal Surgeons!
 Join us for an exclusive workshop featuring **Eminent Retinal Surgeons**

Keynote Speaker



Dr. V R Saravanan
 Aravind Eye Hospital

Managing Diabetic Tractional and Combined Retinal detachments.



Dr. Aniruddha Tirumalai
 Prabha Eye Hospital

Vitrectomy for Rhegmatogenous Retinal Detachment.



Dr. Guruprasad Ayachit
 MM Joshi Eye Hospital

Surgery for Macular Holes.



Dr. Mahesh P Shanmugam
 Shankara Eye Hospitals

Art of Scleral Buckling.



Dr. Naresh Kumar Yadav
 Narayana Nethralaya

Peeling Epiretinal Membranes.



Dr Venkat Subramanyam
 Rangalakshmi Nethralaya

Managing a Nucleus Drop



Dr. Ramesh Venkatesh
 Narayana Nethralaya

Faricimab as a First-Line Treatment & Optimizing Outcomes in NAMD & DME.

Moderator



Dr. Sribhargava Natesh
 Netra Eye Hospital.



Dr. Rajesh Ramanjulu
 Sankara Eye Hospital.

Panel Members



Dr. Karan Annapur Kumaraswamy
 Lions Eye hospital.



Dr. Priyanka Singh
 Shekar Eye Hospital.

Benefits for Participants

- ▶ **Postgraduates (PG):** Gain insights from leading experts to complement your academic knowledge.
- ▶ **Fellows in Training:** Enhance your surgical techniques and learn advanced procedures from seasoned practitioners.
- ▶ **Novice Surgeons:** Build a strong foundation in retinal surgery with guidance from experienced mentors.
- ▶ **Experienced Surgeons:** Refine and update your skills with the latest advancements and best practices in the field.

Why Attend?

- ▶ **Engage in interactive sessions** with video demonstrations.
- ▶ **Expert Guidance:** Learn from the best in the field with personalized tips & techniques.
- ▶ **Networking Opportunities:** Connect with peers and leaders in retinal surgery.

Don't miss this chance to elevate your surgical skills!



20 JULY 2024



Hall C, 11 AM to 12.30 PM



St John's Auditorium, St John's Medical College, Bangalore.



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BEYOND THE TUNNEL - SICS SESSION

Speakers & Topics



Dr Sundram Shetty
 Scleral Tunneling in MSICS.
 Do's and Dont's



Dr M S Ravindra
 Upscaling Phaco Section



Dr Vittal Nayak
 MSICS in LIG



Dr H Mohan Kumar
 MSICS in Hypermature
 Cataracts



Dr Sathya Lakshmi M H
 Nucleus management of different
 grades of in MSICS cataract



Dr Kiran Kumar L
 MSICS in Small Pupil



Dr Vidhyani
 Intraoperative Complications of MSICS.



Dr Devaprasad Gopal
 Multifocality with SICS



Dr Bhavya Reddy
 Cortical wash in MSICS - Techniques
 Do's and Dont's

Moderator
Dr Devaprasad Gopal

Chairperson
Dr M S Ravindra

Co Chairperson
Dr Sundaram Shetty

Dr Shilpa Y D

Panellists
Dr Vittal Nayak

Dr Mohan Kumar

20th JULY 2024 SATURDAY **Hall A, 4.00 PM to 5.30 PM**

St John's Auditorium, St John's Medical College, Bangalore.



Hosted by:
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20th & 21st July

Venue: St. John's Auditorium

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FINANCE MANAGEMENT

Let us be rich

MODERATOR



Dr Sribhargava Natesh



Dr Arun Adkoli

Baby steps into stock market
Investment vrs Trading
Asset allocation



Dr Arun Samprathi

Mutual funds and
other tools of investment



Dr Mahesh bhat

Equity investing



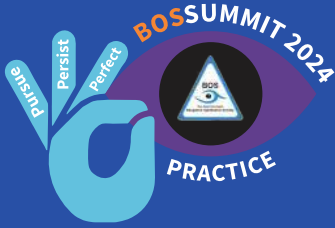
Dr Gagan Dudeja

How to open a trading account
and start investing

21st JULY 2024 SUNDAY

Hall B, 3.30 PM to 5.00 PM

St John's Auditorium, St John's Medical College, Bangalore.



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Matrix of Corneal Layers Conquered!

Video Assisted Skill Transfer



Dr. Anand Balasubramaniam
 Beyond the Surface:
 Enhancing Outcomes with Therapeutic Keratoplasty in Corneal Ulcers



Dr. Roopashree Matada
 Seeing Beyond:
 The Power of Intra-Operative OCT in Corneal Surgery



Dr. Mamata B
 Grafting in Corneal Transplantation:
 Practical Tips, Emerging Techniques, and Clinical Strategies



Dr. Praveen Vadavalli
 PTK in Corneal Diseases



Dr. Radhika Torgal
 Conquering OSSN:
 Strategies for Isolated Lesion Management



Dr. Swetha Mallagunda
 Healing Layers- Harnessing Amniotic Membranes for ocular surface Repair

Key Note Talk



Dr. Samar Basak
 Precision in Every Layer:
 Mastering DSEK and DMEK



Dr. Sharon Dsouza
 Big Bubble Perfection:
 Unlocking the Secrets of DALK



Dr. Vineeta Pai
 Pterygium Perfection:
 Crafting Clearer Horizons

Join us for an exceptional keynote presentation by Dr. Samar Basak, where you will delve into the intricacies of Descemet's Stripping Endothelial Keratoplasty (DSEK) and Descemet Membrane Endothelial Keratoplasty (DMEK). Gain advanced insights and techniques to achieve precision in every layer, enhancing your surgical skills and patient outcomes.

Don't miss this opportunity to learn from the best and network with fellow professionals. We look forward to seeing you there!

21st JULY 2024 SUNDAY

Hall C, 10.00 AM to 11.30 AM

St. John's Auditorium, St John's Medical College, Bangalore.



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SEEING THROUGH DIFFERENT IOLS



Dr Krishna Prasad Kudlu

Cataract workflow - Efficiency
without compromise

&

Synchronising clinical & realworld
outcomewith Rayner EMV Torics



Dr Rajesh Sinha

Management of cataract
with zonular deficiency



Dr Elankumaran Pasupathi

Trifocal- Avoiding pitfall
& Fire fighting

&

Supraphob Toric Iol



Dr Naren Shetty

Femto Assisted cataract
surgery todays status -
evidence based



Dr Chitra Ramamurthy

Mix & Match of Premium IOLs



Dr D Ramamurthy

Making amends for past sins



Dr Savio Pereira

When Expectations and
Outcomes Align with
Rayner Trifocals

Chairperson

Dr Chitra Ramamurthy

Co Chairperson

Dr Krishnaprasad Kudlu

Moderator

Dr Elankumaran P

21st JULY 2024 SUNDAY

Hall A, 10.00 AM to 11.30 PM

St. John's Auditorium, St John's Medical College, Bangalore.



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Ocular Emergencies – Assess, Allocate and Act

Chairperson: **Dr Kavitha V** (Prof, surgeon, Sankara Eye Hospital, Shimoga, Editor, Karnataka State Journal)
Moderator: **Dr Samhitha H R** (Consultant, Cataract, Oculoplasty, Ped & Squint, Nethradhama eye hospital, Bangalore)
Panelists:
Dr Santosh Honavar (Hon General Secretary, AIOS)
Dr Reetha (Consultant, Glaucoma)

SPEAKERS AND TOPICS

KEYNOTE SPEAKER



Dr Thanuja
 Associate Professor of Ophthalmology,
 MS Ramaiah Medical College
Acute SJS



Dr Ranjitha C S
 Assistant Prof,
 Minto eye Hospital
**Challenges in Corneal
 Tear Management**



Dr Santosh G Honavar
 Hon General Secretary,
 AIOS, Consultant, Centre for sight,
 Hyderabad



Dr Reetha B T
 Consultant Ophthalmology,
 RV Aster Hospital
**Acute Angle closure
 Glaucoma**



Dr Kavitha V
 Editor, JVS, Consultant,
 Sankara Eye Hospital, Shimoga
Pediatric Traumatic Cataract



Dr Kartik R Meda
 Sr. Consultant, VR,
 Kartik Nethralaya
CRAO



Dr Samhitha H R
 Sr. consultant, Cataract, Oculoplasty,
 Ped & Squint, Nethradhama
 Superspeciality Eye Hospital
Traumatic Optic Neuropathy



Dr Preethi Sridharan
 Consultant, VR, Nethradhama
 Superspeciality Eye Hospital
Post OP Endophthalmitis



Dr Priyanka Singh
 Consultant, VR, Shekar Eye Hospital
Inflammation Post Intravitreal Injections

21st JULY 2024 SUNDAY

Hall B, 10.00 AM to 11.30 AM

St John's Auditorium, St John's Medical College, Bangalore.



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Session on **Passion beyond Practice**



SPEAKER



MR NITISH SRIVASTAVA
Topic: Revolutionizing Home Gardening: Exploring the Benefits & Techniques of Hydroponics

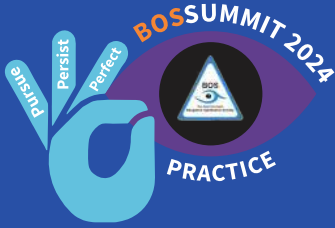
Eight years ago, Nitish made a pivotal decision to transition from the IT world to farming, marking a significant shift in his career and livelihood. Armed with an engineering degree from IIT Kanpur and an MBA from IIM Lucknow, he envisioned cultivating pure and nutritious vegetables in a pristine environment for the Indian market. Alongside Dr. Mukta, he established a 10-acre farm on the outskirts of Bangalore, aiming to set a new standard for quality Indian greens.

Through innovative techniques like hydroponics, Nitish and his team cultivate a variety of greens such as Palak, Methi, Amaranth, Coriander, and more in sterile polyhouses. These vegetables, known for their freshness and purity, are marketed under the brand 24 Karat Veggies, available in stores across the region. Their farm has become synonymous with excellence in the field of Indian agriculture, showcasing sustainable practices and high-quality produce.

Nitish is eager to share his journey and insights gained from farming, offering practical advice on how to adapt these techniques for cultivating greens and vegetables in home gardens. His experience underscores the possibility of integrating modern farming methods with traditional wisdom, empowering individuals to grow their own healthy and sustainable food at home.

21st JULY 2024 SUNDAY Hall D, 11.00 AM to 11.30 AM

St John's Auditorium, St John's Medical College, Bangalore.



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20th & 21st July

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Session on **Passion Beyond Practice**

Awaken your inner guru this

Guru
Poornima

Mind Matters

Vedantic
Guided
Meditation



Dr Thimappa Hegde

Meet the doctor who
is also a spiritual guide

Am I Ordinary or Extraordinary
From Creature to Creator

Talk 30 minutes | Interaction 10 minutes | Meditation 20 minutes

21st JULY 2024 SUNDAY

Hall D, 9.00 AM to 10.00 AM

St John's Auditorium, St John's Medical College, Bangalore.



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When a stitch in time saves nine!

PERFECTING THE ART

*Grab an Opportunity to learn more on Newer and Time Tested
Glaucoma Surgeries in this Session*

Key Note Speaker



Dr Rashmi K Murthy
The MIGS revolution

SPEAKERS



Dr Sriram Ramalingam
Tube troubles: Pearls of wisdom



Dr Gowri J Murthy
5 key points in surgical
management of glaucoma



Dr Sirish Nelivigi
The Art of Bleb Making

Moderator



Dr Shailesh GM



Dr Sandhya Rajendra Prasad
The Art of Bleb Needling



Dr Lalitha KJ
The Drainage-Device
Armamentarium



Dr Vidyadevi M
Lasers in Glaucoma

21st JULY 2024 SUNDAY

Hall B, 2.00 PM to 3.30 PM

St John's Auditorium, St John's Medical College, Bangalore.



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Pursuing Elegance in Refractive Surgery

- Interesting Case Based Discussions
- Renowned Experts in the Field
- Finer Surgical Tips and Tricks
- Interactive Audience and Panel Discussions in an Open Forum

MODERATORS



Dr Supriya Samak
Sriganesh



Dr Gairik Kundu



Dr D Ramamurthy



Dr Pravin Krishna
Vaddavalli

SPEAKERS



Dr Sri Ganesh



Dr Pooja Khamar



Dr Krishna Prasad Kudlu



Dr M S Ravindra



Dr Sadhwini M H

21st JULY 2024 SUNDAY

Hall B, 8.30 AM to 10.00 AM

St John's Auditorium, St John's Medical College, Bangalore.



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Retina Pathologies & Cataract Surgery

This event will feature esteemed speakers who are experts in their fields, delivering in-depth talks on critical aspects of retinal evaluation and treatment in the context of cataract surgery.



Dr. Lalit Verma

Centre for Sight, New Delhi.
Keynote Address: Managing Post-Op Endophthalmitis & Differentiating from TASS



Dr. K. S. Kumar

Kumar Nethralaya
Posterior Segment Evaluation Before Cataract Surgery



Dr. Monika Kapoor

Nethradhama Eye Hospital
Intravitreal Injections Before Cataract Surgery - When and Which



Dr. Praveen Murthy

Prabha Eye Hospital
Combined Cataract and Vitrectomy Surgery - When and How



Dr. Ravi

MINTO Eye Hospital
Posterior Segment Complications of Cataract Surgery



Dr. Santosh Gopi Krishna

Narayana Nethralaya
Evaluating Unexplained Vision Loss After Cataract Surgery



Dr. Srikanth Y N

Brillanz Center for Eye Surgery
Comparing Anti-VEGF Molecules for DME and Safe Techniques of Administering an Intravitreal Injection



Dr. Divyaansh Mishra

Shankara Eye Hospital
Targeting Ang-2 and VEGF: Biology, Pharmacokinetics, Latest Clinical Data in NAMD and DME



Dr. Sribhargava Natesh

Netra Eye Hospital
Durability - Q16 with Afibercept in WAMD

Moderator



Dr. Vivek Bhaskar

Shekar Eye Hospital



Dr. Karthik R Meda

Karthik Nethralaya

Panelists



Dr. Pradeep T M

Netradhama Eye Hospital



Dr. Vishma Prabhu

Narayana Nethralaya

21st JULY 2024 SUNDAY

Hall C, 8.30 AM to 10.00 PM

St John's Auditorium, St John's Medical College, Bangalore.



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SQUINT SESSION



REALIGN AND REFOCUS

(Panel Discussion on Strabismus Surgery)



Dr. Prajna Ghosh

Hooking up the despondent - MED



Dr. Maithiri

Tackling the mischief wisely



Dr. Sonali Rao

Racking up the wanderer -
 Congenital third nerve palsy



Dr. Nivedhitha

When eyes take a sudden detour - AACE



Dr. Ajinkya

When eye plays a
 peek-a-boo - Cyclic ET



Dr. Prathibha

Handling the hefty - MSF



Moderator & Speaker

Dr. Vidhya C

When trauma plays
 tricks on your nerves - Sixth nerve Palsy



Dr. Manjoo Reddy

Chairperson



Dr. Elizabeth Joseph

Co-Chairperson



Dr. Arun Samprathi

Convener



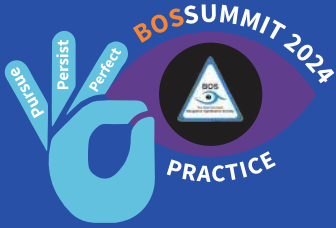
Dr. Kavitha

Panelist

21st JULY 2024 SUNDAY

Hall C, 2.00 PM to 3.30 PM

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Session on **Passion Beyond Practice**

Tech Driven Fitness Gamifying Fitness for a Healthier You



Scan to Register



by **NEIL PAREKH**

Chartered Accountant and Business Consultant

An Avid Triathlete successfully completed the International event Ironman 70.3

Click here to Register

Join us for an engaging session on how to effectively use mobile fitness apps like **Strava** to track various sports activities, including running, cycling, and more. Learn how to harness the power of gamification to motivate yourself and your patients through public accountability and social challenges. This session will provide step-by-step guidance on using **Strava** to monitor workouts, share achievements with friends, and participate in competitive challenges. Discover how these digital tools can enhance fitness routines, promote healthy habits, and make exercising more enjoyable and rewarding.

21st JULY 2024 SUNDAY

Hall D, 10.15 AM to 11.00 AM

St John's Auditorium, St John's Medical College, Bangalore.



Hosted By Bangalore Ophthalmic Society

Let's Party before we Part!!

BOS Banquet

PRE REGISTRATION MANDATORY

Saturday, 20th July, 7:00 pm onwards

📍 Koramangala club, 6th Cross Road,
6th Block, Koramangala, Bangalore -95

We worked hard,
let's party harder!!